



EMC BREAK STATION ROTATING ITEMS:

BAKERY ITEMS:

Daily: Bagels, Croissants, Bran Muffins

ROTATING ITEMS:

Monday	Tuesday	Wednesday	Thursday	Friday
Lemon Poppy Muffins	Blueberry Muffins	Granola Muffins	Orange Pine Muffins	Cappuccino Muffins
Scones	Assorted Danish	Coffee Cake	Hazelnut Rolls	Sticky Buns

Saturday	Sunday
Banana Muffins	Raisin Spice Muffins
Carrot Bread	Chocolate Danish

10:00AM – HOT ITEM:

	Tuesday	Thursday
WEEK 1	Apple Crepes	Croissant Egg Sandwich
WEEK 2	English Muffin, Tomato, Ham Cheese	Breakfast Burrito
WEEK 3	Cheese Crepes	Baked Egg Brioche
WEEK 4	Blueberry Crepes	Egg Calzone

1:00PM – PASTRY ITEM:

Daily – Cookies with additional rotating item:

Monday	Tuesday	Wednesday	Thursday	Friday
Strawberry Meringue	Blondies	Cannolis	Banana Bread	Lemon Tea Cookies with Curd

Saturday	Sunday
Lemon Shortbread Cookies	Zucchini Bread

1:00PM – COLD ITEM:

- Monday & Friday - Cheese / Crudite
- Tuesday & Thursday - Antipasti
- Wednesday - Mediterranean Display:
Humus, Babbagoush, Yogurt, Olive Dips
Pita, Lavish, Crostini, Etc.
- Saturday - Cheese / Crudite
- Sunday - Antipasti



EMC BREAK STATION FOOD STANDARDS

BREAKFAST:

Served: 7:00AM – 10:00AM

Assorted Selection To Include:

- ❖ Freshly Brewed Regular Coffee, Decaffeinated Coffee and Hilton's Selection of Premium Teas
- ❖ Chilled Juices
- ❖ Yogurt and Cottage Cheese
- ❖ Assorted Cold Cereal & Hot Oatmeal
- ❖ Milk: 2%, Fat Free, Half & Half
- ❖ Specialty "Item of The Day"
- ❖ "Made To Order Eggs" Action Station
- ❖ Assorted Breakfast Pastries and Breads with Accompaniments
- ❖ Scrambled Eggs
- ❖ Whole & Sliced Seasonal Fruit
- ❖ Breakfast Meats
- ❖ Breakfast Potatoes
- ❖ Condiments: Cream Cheese, Butter, Flavored Jams, Peanut Butter, Salt / Pepper, Sugar, Creamers, etc.

BREAK:

Served: 7:00AM – 12:00PM Noon

Assorted Selection To Include:

- ❖ Freshly Brewed Regular Coffee, Decaffeinated Coffee and Hilton's Selection of Premium Teas
- ❖ Soda, Bottled Water, Cold Beverages
- ❖ Fresh Orange and Rotating Companion Juice
- ❖ Whole & Sliced Seasonal Fruit
- ❖ Instant Oatmeal & Assorted Cold Cereal
- ❖ Chilled Yogurt
- ❖ Assorted Breakfast Pastry with Accompaniments
- ❖ Supplemental Items Rotated During Morning Include:
Hard Boiled Eggs, Biscotti, Dry Snacks, Deli Meat & Cheese Tray, Breakfast or Energy Bars,

BREAK:

Served: 1:00PM – 5:00PM

Assorted Selection To Include:

- ❖ Freshly Brewed Regular Coffee, Decaffeinated Coffee and Hilton's Selection of Premium Teas
- ❖ Soda, Bottled Water, Cold Beverages
- ❖ Whole & Sliced Seasonal Fruit
- ❖ Assorted Sweets and Dry Snacks
- ❖ Freshly Baked Cookies & Brownies or Baked Items
- ❖ Assorted Ice Cream Bars
- ❖ Supplemental Items Rotated During Afternoon Include:
Vegetable Crudite with Dips, Antipasti Tray, Specialty *Hot* Item of the Day.

LUNCH:

Served: 12:00PM – 2:00PM

Assorted Selection To Include:

- ❖ Freshly Brewed Regular Coffee, Decaffeinated Coffee and Hilton's Selection of Premium Teas
- ❖ Soft Drinks
- ❖ Soup du Jour
- ❖ Mixed Field Green Salad Bar with Dressings
- ❖ Prepared Salads and Deli Salads
- ❖ Deli Platter
- ❖ Fruit & Cheese Display
- ❖ Two (2) *Hot Entrees* Accompanied by Starch and Vegetable
- ❖ Daily Specialty Action Station
- ❖ Rolls and Butter
- ❖ Dessert Selection

DINNER:

Served: 6:00PM – 9:00PM

Assorted Selection To Include:

- ❖ Freshly Brewed Regular Coffee, Decaffeinated Coffee and Hilton's Selection of Premium Teas
- ❖ Soup du Jour
- ❖ Mixed Field Green Salad Bar with Dressings
- ❖ Assorted Prepared Salads
- ❖ Rolls and Butter
- ❖ Choice of Ala Carte Menu Selection
- ❖ Dessert Bar